



EXPERT NUTRITION COUNSELING



Maintaining a healthy diet is especially important for a person with cancer. The food you eat can slow cancer's progression, improve your response to treatment, and help prevent the return of cancer after treatment. A nutritionist who specializes in the dietary needs of cancer patients can help you eat better and feel better.

SUSAN J. SPEER is a certified specialist in oncology nutrition with a master's degree in human nutrition. Susan was on the faculty at the Santa Monica Family Practice Residency Program for nearly 20 years and

SUSAN J. SPEER, MS, RD, CSO, FADA
ST. JOHN'S CANCER CENTER OF VENTURA COUNTY
1700 NORTH ROSE AVENUE • SUITE 380
OXNARD, CA 93030
805.988.2641

has twice acted as visiting professor in biochemistry at Pepperdine University. Susan is an expert in medical nutrition therapy as well as a skilled nutrition counselor. She is the 2012 recipient of the Cancer

Support Community's Award of Excellence and honored as the Ventura County Allied Health Professional of the Year, 2015.

Her expertise includes special knowledge of the clinical implications of complementary and alternative medicine, including herbs and dietary supplements. She offers integrated nutritional care, combining sympathetic and medically sound guidance that will help you get the nutrients you need during cancer treatment and recovery.

